

Private & Semi-Private Swim Lesson Packages

Private & Semi-Private Swim Lesson Packages (One student per form)

Description

Private & semi-private swimming lessons are offered at Auburn Racquet & Fitness Club. *Classes are conducted with a water temperature of 86 degrees for maximum comfort* under ARFC's bubble-enclosed, year-round heated pool.

Our flexible, year-round program can range from a one-time evaluation to eight 30-minute private lessons. From fear to stroke refinement, we can help you to become more comfortable in and around water.

The ARFC program emphasizes safety techniques throughout – tested concepts that keep both children and adults safe while swimming.

ARFC is committed to quality lessons. Our certified instructors adapt and customize the most effective techniques to fit your individualized needs.

For maximum progress, we recommend at least two 30-minute lessons per week. (Due to the colder weather in winter, the length of the lessons for children under three years of age will be 20 minutes)

Director - Bonnie Records

Education/Experience

- 13 years teaching swim lessons including three years as ARFC swim lesson manager
- Taught students ranging in ages eight months to 70 years of age
- Thirteen years lifeguard experience including head lifeguard at ARFC for 4 years
- Sierra College swim conditioning
- Certifications that include EMT/CPR-PRO, AED/First Aid, Water Safety, & USA Coach.

ARFC's former swim lesson manager has returned & taken over the swim lesson program with a staff of certified instructors, not only dedicated to making children water safe, but now also making for seamless progression for those interested in joining other ARFC's junior aquatics programs.

Adults and Children Welcome!

Private swim lessons are available for all ages and all levels of swimmer. Private lessons are a great way to learn how to swim and are specifically designed for those adults or children who require more personal attention or do not respond well in class settings.

Definitions

Private Lesson - One student...one on one lesson.

Semi-Private Lesson - Two students of similar ability generally known to one another either from the same family...good friends...etc.

Schedule/Pricing

Lesson schedule is to be determined by student(s) and instructor. *Minimum of two classes per week must be scheduled.*

	Private	Semi-Private*
Evaluation lesson (ages 3+)	\$30/50	\$40/70
2 half hour sessions	\$55/85	\$80/135
4 half hour sessions	\$105/140	\$170/240
6 half hour sessions	\$145/180	\$240/310
8 half hour sessions	\$165/200	\$280/350

Pricing: Member/non-member

*Semi-Private Pricing:

Prices shown are the total for both students

Private lessons may not be shared.

In the event one person is absent for a semi-private lesson, a private 20-minute lesson will be given.

24-hour cancellation notice required or lesson is forfeited
No Make-ups!

Group lessons are available for groups of 3 or more!

I give my permission for my child to participate in swim programs at Auburn Racquet & Fitness Club and hereby release and waive any and all rights and claims for damage I might have against Auburn Racquet & Fitness Club and its agents for any and all injuries which may be suffered by my child in connection with participation in this program.

Parent's Signature _____

Date _____

Visa and MasterCard Accepted

Student's Previous Water Experience _____

Student's Name _____ Age _____ Member # _____

Address _____ City _____ Zip Code _____

Registration Fee _____ Receipt # _____ Evaluation Lessons 2 4 6 8

Parent's Name _____ Phone (H) _____ (W) _____

Email Address _____

Member and Non-Member Pricing (circle price)

Evaluation lesson (ages 3+) \$30...\$40...\$50...\$70

2 half hour lessons...\$55...\$80...\$85...\$135

4(1/2hr)lessons \$105...\$140...\$170...\$240 6(1/2hr)lessons \$145...\$180...\$240...\$310 8(1/2hr) lessons \$165...\$200...\$280...\$350

Auburn Racquet & Fitness Club

Swimming Lessons



Private & Semi Private Lessons



Semi-Private & Private Swim Lessons



Bubble-Enclosed, Year-Round Heated Pool*

* Enclosed in winter

For Children & Adults

Auburn Racquet & Fitness Club

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Website: www.ar-fc.com