

Sports 'N Splash Activities

Swimming - Recreational swimming, water games, and formal swim lessons (additional fee) will be a daily part of the camp curriculum.

Circuit Training - Camper will participate in a supervised circuit training program. The circuit will consist of age appropriate movements and skill.

Basketball - Organized games and camp shoot-arounds utilizing our indoor and outdoor basketball facilities.

Arts 'n Crafts - Campers will be encouraged to express their creativity through a variety of proven environmentally friendly art and crafts projects each day at camp.

Tennis - Emphasis will be on fun games for campers of all skill levels requiring minimal instruction. Both our regulation and short courts will be used. Tennis Camp option available (additional fee).

Wallyball - Fun game of indoor volleyball played on our regulation wallyball/racquetball court.

Brazilian Soccer - . Organized soccer games focusing on teamwork, skills and group exercise.

Racquetball - Racquetball will be a regular part of each camper's experience, providing great fun and exercise.

Dodgeball - Fun game of dodgeball played with specialized soft dodgeballs.

Capture the Flag - Lots of movement, chasing and evading skills occurs in this fun game of capture the flag.

***What to bring:** Sunscreen, swimsuit, towel, gym clothes, non-marking tennis shoes.

Curriculum subject to change .

Summer Camp

Sports 'n Splash

2011

*** DAY CAMP ***

Five 2-Week Sessions
June 13th - August 19th

- Arts & Crafts
- Racquetball
- Brazilian Soccer
- Capture the Flag
- Circuit Training
- Tennis
- Wallyball
- Swimming
- Dodgeball
- Basketball

Children Ages 5 Through 11

**Auburn Racquet
&
Fitness Club**

For More Information Call

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